

Information for Referrer's to Home-Start



Home-Start
Rochdale Borough

Support for Families

Home-Start is a Family Support Charity providing practical and emotional support for parents and children experiencing stress or difficulties.

Any family living in Rochdale, Pennines, Heywood and Middleton with a child pre birth to 12 years of age, can access support from an experienced parent volunteer who can visit them at home.

We have a team of dedicated, skilled volunteers who all have parenting experience, who visit families at home for 2-3 hours per week. Volunteers are trained and checked by the Disclosure and Barring Service prior to being matched with families. Emotional support and practical help is offered for as long as it is needed. Volunteers build on parents skills, help boost self esteem and confidence whilst enabling them to cope with the pressures of family life. Our aim is to help reduce stress and prevent crisis and breakdown. Home-Start can also introduce families who need short term support, to one of our experienced Support Workers.

Our Support Workers can help families who experience more complex difficulties at Early Help level.

Support for Families with children pre birth to 12 years with a child experiencing Autistic Spectrum Conditions and ADHD, with or without a diagnosis

We can provide:~

Home Visiting Support for parents

Sam's Sibs Group Support—for siblings of children with a diagnosis of Autism (age 6-15 years)

Informal Group Support sessions, for parents.

Telephone support from our experienced Coordinator

Contact Sam Freeman or Emma Zagni on 01706 436143 or

Email sam.hsrb@gmail.com or emma.hsrb@gmail.com

Support for Families with children up to 12 years, experiencing low to medium level Mental Health difficulties

Home Visiting Support is offered over 6 weekly sessions for parents with stress, anxieties, depression, relationship breakdown, health needs, phobias or isolation. The Support Worker can help parents to access additional support they may need, encourage them to develop coping skills and confidence.

Contact Alison Kirkpatrick on 01706 436142 or Email alison.hsrb@gmail.com

PIMHS—Parent Infant Mental Health Support

Practical and emotional support for expectant parents and newborns up to the age of 6 months.

Contact Jess Healey on 01706 629651 or Email jess.hsrb@gmail.com

School Readiness

Practical support and activities for children who may need extra help to prepare them for pre-school.

Contact Gill Marsden on 01706 436144 or Email gill.hsrb@gmail.com

Additional Support for Families

Families who access support from Home-Start can benefit from our clothing and toy recycling scheme.

We offer seasonal activities where funding allows, including Key 103 toy appeal, Group support sessions

What shall I do next?

- ⇒ Speak to the family about Home-Start.
- ⇒ Introduce Home-Start by giving them a family information leaflet.
- ⇒ Only when the family want to accept support.....
please help them to complete a referral form with as much detail as possible, identifying how they would like a volunteer to help and ask them to sign the back page and consent for GDPR.
- ⇒ Incomplete referrals will be returned.
- ⇒ Send the form to one of our Coordinators, who will contact the family to book a home visit.
- ⇒ We will always let referrers know the outcome of the referral.

HOME-START ROCHDALE BOROUGH

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